CURRICULUM VITAE

Dr Ben Grey

Principal Lecturer (Research), Doctorate in Clinical Psychology, University of Hertfordshire · Chartered Psychologist · Registered Social Worker · Co-director, Cambridge Centre for Attachment

ben@attachment.services · attachment.services · meaningofthechild.org

A social worker and chartered psychologist working at the point where attachment research meets child welfare practice. I developed the Meaning of the Child Interview, a method of analysing parenting interviews to understand the parent–child relationship, and now teach it internationally alongside research and doctoral supervision.

Current roles

Principal Lecturer (Research), Doctorate in Clinical Psychology · University of Hertfordshire

I help run the research side of the programme, supervising and supporting doctoral research and teaching and tutoring trainee clinical psychologists. I am programme lead for the Service-related Research Project. I currently supervise six doctoral projects on the programme and six PhD and clinical doctorate projects externally.

Co-director · Cambridge Centre for Attachment 2012–

Our work integrates researched, evidence-based methods of assessing attachment and family relationships with assessment and intervention in child welfare practice. I am trained in a full range of research-validated procedures assessing the relationships of adults and children from birth to adulthood. I no longer conduct direct family court assessments, focusing instead on consultancy, mentoring and training. We support local authorities, CAMHS services, occupational therapy practices and individual practitioners.

Visiting Lecturer · University of Roehampton 2012–

Continuing PhD supervision on a visiting lecturer contract, having supervised doctoral students there since 2016.

Trainer

I have trained for CAFCASS, NAGALRO, BAAF, NHS trusts, local authorities and at conferences, on attachment and other areas of professional practice. I teach the Meaning of the Child Interview internationally and coordinate a multidisciplinary network of professionals using it in their practice and research. I am licensed to teach the Child Attachment and Play Assessment, a projective story-based assessment of attachment, mentalising and play in children.

Advisory Editorial Board member · *Human Systems: Therapy, Culture and Attachments*

Research interests

Caregiving, including the development and validation of the Meaning of the Child Interview; a social and family systemic understanding of attachment and caregiving; the use of attachment procedures in child welfare settings; narrative story stem techniques with children; and the relationships of autistic children and their parents.

Qualifications and registration

PhD in Psychology, University of Roehampton 2014

MSc in Psychology (conversion award), with Distinction, Manchester Metropolitan University 2020

MA in Social Work, with Distinction, University of Warwick 1997

Diploma in Social Work (CCETSW), professional qualification 1997

BA (Hons) in Philosophy, Politics and Economics, University of Oxford 1992

Fellow of the Higher Education Academy (FHEA), ref. PR169199

Chartered Psychologist, member of the British Psychological Society

Registered Social Worker, Social Work England

Member, CoramBAAF Adoption & Fostering Academy, and of its legal and research groups

Previous employment

Senior Lecturer and Programme Convenor, Attachment Studies · Department of Psychology, University of Roehampton 2018–2023

Responsible for developing, coordinating and teaching the pioneering MSc programme in Attachment Theory, Research and Practice. I also taught on other programmes, including Roehampton's Doctorate in Counselling Psychology. I had taught at Roehampton as a visiting lecturer since 2012 and supervised PhD students there from 2016, which continues.

Expert Witness · Family Courts 2002–2019

I frequently reported in family court proceedings on attachment, parenting, risk assessment, family relationships, contact in private and public law, and other decisions relating to children.

Therapeutic Assessments and Interventions Manager · Family Care 2008–2012

I managed a skilled, multidisciplinary team conducting expert assessments and therapeutic interventions in family court proceedings and related matters for a voluntary sector child welfare organisation.

Children's Guardian and Reporting Officer 2000–2008

Self-employed contractor to CAFCASS from its inception, 2001–2008; member of the West Sussex GALRO panel, 2000–2001.

Children and Families Social Worker · Hampshire County Council 1997–2000

Member of the team covering the Leigh Park area of Havant, and of Hampshire's North Hampshire Adoption Panel.

Residential Social Worker · Hertfordshire Autistic Community Trust 1995–1997

Working with autistic young adults.

Council member and Company Director · NAGALRO

NAGALRO is the professional association for family court advisors and independent social work practitioners and consultants, promoting standards in the field. I am a former member of the editorial board of its journal, *Seen and Heard*.

Clinical practice

Assessment of parenting and risk

Over 25 years of work with children and families as a social worker, children's guardian, independent consultant and manager of a therapeutic and assessment team for a child welfare organisation. I have experience and training in working with children and adults with disabilities, and a particular interest and training in autism. I

have written several hundred reports and statements for the family courts in England and Northern Ireland, and am experienced in giving evidence at all levels.

Assessment of attachment in children and adults

Alongside my social work experience, I have more than twenty years of further psychological training, research and study to PhD level in parent-infant mental health. My training and accreditation covers administering and classifying the Adult Attachment Interview (DMM-AAI), the CARE-Index, the Parent Development Interview with the Reflective Functioning Scale, the School Age Assessment of Attachment, and the Berkeley 6-year-old Reunion Procedure. I developed and researched the Meaning of the Child Interview, and am licensed to teach the Child Attachment and Play Assessment. I have longstanding experience of using all of these in assessment and intervention with children and families, and of supporting others to do the same. I was a founder member of the International Association for the Study of Attachment.

Research and knowledge exchange

The Meaning of the Child Interview

I developed and conducted the validation study of the Meaning of the Child Interview (Grey, 2014; Grey & Farnfield, 2017a, 2017b; Grey, 2026), a procedure for classifying parenting interviews in order to understand parent–child relationships. It offers practitioners a practical pathway for applying attachment theory to family relationships and to planning intervention, and makes a distinctive contribution in operationalising a systemic understanding of caregiving in a procedure built for practitioners as well as researchers. It has been researched in its own right in normative and forensic settings, and has contributed to research on families where a child has an autism diagnosis, on child welfare and the family courts, on professional relationships with clients, on sibling relationships, and on fathers' caregiving in adoption and during the COVID-19 pandemic.

The method is now in use in social work, occupational therapy, CAMHS and therapeutic services in the UK and internationally. Co-authored case studies of its use in the UK, Ireland and Iceland appear in *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (Grey, 2026), which I edited and largely wrote for the Palgrave Texts in Counselling and Psychotherapy series. It offers practitioners a practical guide to analysing adult relational discourse using attachment-based methods and to using that analysis for clinical formulation, a methodology that, though well researched, had previously existed almost entirely within lengthy training courses and unpublished manuals.

The method in practice

- **Norfolk Parent-Infant Mental Health Project (PIMAP).** The MotC was used for case formulation with high-risk families whose children were at risk of entering care. The project had considerable success in keeping children with their families and reducing child protection involvement (Smith et al., 2018; McPherson et al., 2018).
- **SAFE (Systemic Autism-related Family Enabling).** A multi-family systemic intervention for families where a child has an autism diagnosis (McKenzie et al., 2020; Dallos et al., 2026). SAFE's bid of over £3 million for a national NHS trial has been awarded, subject to conditions, and I have been invited to chair the board. This will include using the MotC to analyse parenting interviews within and about the intervention.
- **Knowing Me Knowing You.** A group intervention for adoptive parents whose child displays aggression and violence, evaluated in Barrow and Grey (2026), where it showed significant improvements in parental sensitivity and reflective functioning and reductions in parental stress.
- **Sensory Attachment Intervention.** Developed by Éadaoin Bhreathnach, for parents and children unable to regulate their arousal states sufficiently to engage in therapeutic intervention. I am a co-author of its first publication (Bhreathnach et al., 2026).

- **Milton Keynes Children's Services.** Regular use within family assessment and support in child protection and family court contexts, including the Family Assessment and Support Team and the Family Drug and Alcohol Court service.

I provide ongoing support and consultancy to social workers, psychologists, therapists and other professionals using the procedure, and coordinate an online network of those using and researching it, running discussion groups and regular online and in-person workshops.

Training and consultancy

I offer training and consultancy on applying attachment theory in social work, therapeutic and educational settings, including to NHS trusts, local authorities, voluntary organisations, professional bodies and private organisations: among them BAAF, NAGALRO, Milton Keynes social services, TUSLA in Ireland, the London Borough of Wandsworth and Action for Children, as well as directly through Cambridge Centre for Attachment. I teach on the Attachment Narrative Therapy programme.

- **Treehouse Practice, Ireland.** A team-based service for young people aged 0–25 who have experienced trauma and adversity, and the adults supporting them. I consult regularly on their use of the MotC.
- **Milton Keynes Children's Services.** Training and consultancy on assessing parent–child relationships; Cambridge Centre for Attachment is contracted to provide clinical supervision and training to social workers and other staff.
- **Willows School Academy Trust.** Training and consultancy on the relational needs of children in their care and the implications for education and teaching.
- **Northern Health and Social Care Trust, Northern Ireland.** Training and consultancy on the MotC, and the design of a training course on parental contact visits, delivered to the trust by two colleagues.
- **Key Assets Consulting, Ireland.** Training their psychologists in the MotC and in assessments of child attachment.
- **Tengslamat Family Clinic, Iceland.** Serving child protection and social services and the Directorate of Immigration, investigating attachment relationships and offering consultancy, therapeutic and supervision services. Tengslamat has hosted MotC training for social and health care professionals across Iceland, written up in Guðmundsdóttir and Grey (2026).
- **TIGALA, Ireland.** Supporting children's guardians in the Irish family court service. We have trained the MotC and offer consultancy on assessing and intervening in family attachment relationships.
- **Sofia University, Bulgaria.** Invited to teach the MotC and the use of attachment assessment in research and clinical practice (March 2026).

Research collaborations

- **SAFE project.** I collaborated in the feasibility study of SAFE (McKenzie et al., 2020), working systemically with families where a child has autism, with Dr Becky Stancer and the SAFE team, resulting in several publications.
- **Applied Social Science Group, University of Cambridge.** I supervise or support two doctoral projects on the Hertfordshire DClinPsy with the group, supported by Professor Robbie Duschinsky. These form part of COACHES (CAMHS Referrals and Outcomes for Adolescents and Children with Social Workers), a four-year collaboration including the National Children's Bureau, Cambridge, Kingston University, King's College London, BASW and the Care Leavers Association, examining data from over 70,000 young people across two NHS trusts.
- **Dr Patricia Crittenden, Family Relations Institute, Miami.** Developer of the Dynamic Maturational Model of attachment. I helped develop a protocol for assessing attachment in adults and children in family court proceedings through IASA, tested over four years with reports submitted to fifteen judges in five countries. I am a co-author of the resulting paper and of two further papers on the use of the Adult Attachment Interview in forensic settings.

- **Dr Stephen Farnfield, University of Roehampton.** Former programme director in Attachment Studies and editor of *The Routledge Handbook of Attachment*. I helped develop and empirically validate the Child Attachment and Play Assessment, and participate in ongoing research.
- **Professor Rudi Dallos, University of Plymouth.** Professor Emeritus in Clinical Psychology and developer of Attachment Narrative Therapy. Together we have developed the Family Attachment Interview, taking a triadic view of attachment relationships and their use in clinical practice. I co-supervise or support two doctoral projects using the MotC system of analysis to research the new interview.
- **Autism and Attachment Project.** With Dr Mark Hudson, Associate Professor at the University of Nottingham, coordinating clinical doctoral research on attachment relationships in families where there is autism, and its clinical implications.

Doctoral supervision

Completed

Lara Howe · The early and later-life care experiences of individuals with a history of childhood neglect using short-term homeless services: an attachment-informed interpretative phenomenological analysis. DCounsPsy, University of Roehampton — 2021

Victoria Barrow · Knowing Me, Knowing You: exploring the role of parental sensitivity and mentalization in relationships where adoptive children display aggression and violence, and evaluating a parenting programme to support these families. PhD, University of Roehampton — 2024

Emily Hickson · How do parents use autism assessment reports, how helpful are they, and what is their significance to parents within the overall diagnostic journey? DClinPsy, University of Hertfordshire — 2024

Aisling de Brit · Autism, attachment and the parent–child relationship in middle childhood: a qualitative study. DEdPsy, University College Dublin — 2024

Georgia Monk · Caregiver attachment and discourse in relation to their physiological arousal in both adoptive and biological relationships. DClinPsy, University of Hertfordshire — 2025

Elena Molina · A mixed-methods exploration of attachment and cultural orientation in co-dependency. DClinPsy, University of Hertfordshire — 2025

Layla Harding · Attachment and caregiving in the context of parental learning disabilities. DClinPsy, Royal Holloway, University of London — 2025

Cristina Catania · Understanding gay cisgender male parents' experiences of belonging in the transition to parenthood and its influence on the parent–child relationship. DClinPsy, University of Hertfordshire — 2025

Chi-Ling Yeung · Understanding how parental caregiving is related to a child's attachment in adoptive and normative relationships. DClinPsy, University of Hertfordshire — 2025

Lydia Taylor · How do CAMHS case notes characterise sexual violence for children and young people with and without social worker involvement? DClinPsy, University of Hertfordshire, with the Applied Social Science Group at Cambridge, COACHES study — 2026

In progress · PhD

- Autism and attachment throughout childhood and young adulthood: the contribution of an equine-assisted therapeutic psychoeducational programme (University of Roehampton; study based in Portugal)
- Investigating the outcomes of Ayres Sensory Integration treatment in adopted children using attachment-informed and occupational therapy assessments (University of Roehampton)

- Exploring the mentalising deficits associated with child maltreatment (University of Roehampton)
- Exploring the interplay of parental control, attachment style and embodied attachment: a study of participants in an authentic movement training group in China (University of Hertfordshire)

In progress · Doctorate in Clinical Psychology

- How trauma impacts the family unit: a systemic attachment-based exploration of trauma in the family (University of Hertfordshire)
- How do triadic mentalisation processes shape the relational self-concept of children and their attachment relationships: a single case study of a family with two siblings (University of Hertfordshire)
- Attachment processes among autistic caregivers and their children: a theory-building multiple-case study (University of Hertfordshire)
- From state as parent to becoming a parent: how care experience shapes the meaning-making of parent–child relationships (University of Hertfordshire)

Consulting to

- Exploring the role of attachment theory in perinatal social work supervision (thesis committee appointment, Trinity College Dublin)

External examining and peer review

External examiner, Doctorate in Clinical Psychology, University of Leicester

External examiner, Doctorate in Clinical Psychology, University of Lancaster

External examiner, MPhil, University of Cambridge

Journal peer review

I have completed frequent peer reviews, including for the following journals.

- *Child Care in Practice*
- *Clinical Child Psychology and Psychiatry*
- *Family Process*
- *Health: An Interdisciplinary Journal for the Social Study of Health, Illness and Medicine*
- *Human Systems: Therapy, Culture and Attachments*, on whose advisory editorial board I sit
- *Issues in Mental Health Nursing*
- *Journal of Children's Services*
- *Nursing Open*
- *SAGE Open*

I have also reviewed book proposals for Palgrave Macmillan (Palgrave Texts in Counselling and Psychotherapy) and for Springer Nature.

Publications

Books

Grey, B. (Ed.) (2026). *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*. Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Peer-reviewed journal articles

Ash, Z., & Grey, B. (2022). "I feel … I need to defend myself": Exploring the influence of social workers' attachment history on the social worker–client relationship. *Human Systems: Therapy, Culture and Attachments*, *2*(3), 125–143. https://doi.org/10.1177/26344041221115940

Barrow, V., Grey, B., & Essau, C. (2023). “I am not exaggerating, literally a monster … a Jekyll and Hyde type thing”: Understanding the lived experience of adoptive fathers whose children display violence and aggression. *Human Systems: Therapy, Culture and Attachments*, *3*(1), 30–50. https://doi.org/10.1177/26344041221123513

Catania, C., Vytniorgu, R., & Grey, B. (2026). How LGBTQ+ parents attach meaning to parenthood within heteronormative contexts: A scoping review. *LGBTQ+ Family: An Interdisciplinary Journal*. Advance online publication. https://doi.org/10.1080/27703371.2025.2604672

Crittenden, P. M., Farnfield, S., Landini, A., & Grey, B. (2013). Assessing attachment for family court decision making. *Journal of Forensic Practice*, *15*(4), 237–248. https://doi.org/10.1108/JFP-08-2012-0002

Crittenden, P., Landini, A., Spieker, S., & Grey, B. (2021). Using parental attachment in family court proceedings: DMM theory about the Adult Attachment Interview. *Child Abuse Review*, *30*(6). https://doi.org/10.1002/car.2730

Dallos, R., Grey, B., & Stancer, R. (2023). Anger without a voice, anger without a solution: Parent–child triadic processes and the experience of caring for a child with a diagnosis of autism. *Human Systems: Therapy, Culture and Attachments*, *3*(1), 51–71. https://doi.org/10.1177/26344041221115255

Dallos, R., Grey, B., & Stancer, R. (2026). Exploring attachment as a triadic process: The family attachment interview. *Human Systems: Therapy, Culture and Attachments*, *6*(2), 112–131. https://doi.org/10.1177/26344041251395022

de Brit, A., Grey, B., & Kinsella, W. (2026). “She isn’t allowed to get upset about that”: Parenting narratives, caregiving behaviour and child attachment in families of autistic children in middle childhood. *Human Systems: Therapy, Culture and Attachments*, *6*(3), 211–232. https://doi.org/10.1177/26344041261424819

Drzymala, H., Grey, B., & Fowler, N. (2023). Exploring the triadic parent–child–sibling relationship: How do mothers’ views of their children impact sibling relationships? *Human Systems: Therapy, Culture and Attachments*, *3*(2), 92–111. https://doi.org/10.1177/26344041221145619

Grey, B., & Farnfield, S. (2017a). The Meaning of the Child Interview (MotC): A new procedure for assessing and understanding parent-child relationships of “at risk” families. *Clinical Child Psychology and Psychiatry*, *22*(2), 204–218. https://doi.org/10.1177/1359104516633495

Grey, B., & Farnfield, S. (2017b). The Meaning of the Child Interview (MotC): The initial validation of a new procedure for assessing and understanding the parent-child relationships of “at risk” families. *Journal of Children’s Services*, *12*(1), 16–31. https://doi.org/10.1108/JCS-03-2016-0006

Grey, B., Dallos, R., & Stancer, R. (2021). Feeling “like you’re on … a prison ship”: Understanding the caregiving and attachment narratives of parents of autistic children. *Human Systems: Therapy, Culture and Attachments*, *1*(1), 96–114. https://doi.org/10.1177/26344041211000202

Howe, L., Grey, B., & Dickerson, P. (2022). The early and later-life care experiences of individuals using short-term homeless services: An attachment-informed interpretative phenomenological analysis. *Mental Health and Social Inclusion*, *26*(4), 363–373. https://doi.org/10.1108/MHSI-12-2021-0088

Molina, E., Taiwo, A. O., & Grey, B. (2026). Co-dependency revisited: An integrative review of conceptualisations and mental health outcomes. *Clinical Psychology and Psychotherapy*, *33*(2), Article e70265. https://doi.org/10.1002/cpp.70265

Peng, L., Payne, H., & Grey, B. (2025). Healing developmental trauma: A pilot study on the discipline of Authentic Movement and attachment in adulthood. *Body, Movement and Dance in Psychotherapy*, *20*(4), 345–363. https://doi.org/10.1080/17432979.2025.2528823

Spieker, S., Crittenden, P., Landini, A., & Grey, B. (2021). Using parental attachment in family court proceedings: An empirical study of the DMM-AAI. *Child Abuse Review*, *30*(6). https://doi.org/10.1002/car.2731

Voellmy, L., Grey, B., Fowler, N., & Walter, B. (2025). “Trapped with my children”: Fathers’ caregiving experiences during the COVID-19 pandemic. *Human Systems: Therapy, Culture and Attachments*, *5*(1), 66–85. https://doi.org/10.1177/26344041241270190

Book chapters

Grey, B. (2023). “Beyond sensitivity”: Understanding caregiving compromises in adverse contexts using the Meaning of the Child Interview. In S. Chrząstowski & A. Vetere (Eds.), *Safety, Danger and Protection in the Family and Community: A Systemic and Attachment-Informed Approach*. Routledge.

Grey, B., & Gunson, J. (2019). Invisible children? How attachment theory and evidence-based procedures can bring to light the hidden experience of endangered children. In W. Bunston & S. Jones (Eds.), *Supporting Vulnerable Babies and Young Children: How to Work with Complex Challenges*. Jessica Kingsley Publishers.

Chapters in *The Meaning of the Child Interview* (Grey, 2026)

Grey, B. (2026). Introduction: What is the Meaning of the Child Interview? In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 3–16). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). Attachment theory and the self-protective transformation of meaning. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 17–38). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). The caregiving system. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 39–60). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). Parental mentalising: Storying the inner life of self and child. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 61–74). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). Exploring the dimensions of caregiving: The Meaning of the Child sub-patterns. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 75–94). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). The Meaning of the Child assessment process. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 97–106). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). How to code the Meaning of the Child Interview. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 107–128). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). The MotC assessment process: The case of Leah and Mason. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 129–144). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). MotC-based formulation: Using the Meaning of the Child Interview to plan intervention. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 145–174). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Dallos, R., & Grey, B. (2026). Attachment-based interview analysis: The MotC and AAI as a research method. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 175–190). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B., & Dallos, R. (2026). The Meaning of the Child in qualitative research: How to do attachment-informed qualitative analysis. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 191–206). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Dallos, R., Grey, B., & Stancer, R. (2026). The Meaning of the Child in families living with a child diagnosed with autism: Security, exploration and therapy. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 209–226). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Barrow, V., & Grey, B. (2026). The meaning of the adopted child: The Knowing Me Knowing You course. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 227–242). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Bhreathnach, E., Grey, B., & West, C. (2026). The Meaning of the Child in sensory attachment intervention. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 243–260). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Molloy, N., Keogh, T., & Grey, B. (2026). The Meaning of the Child in an Irish context: Bringing the “why” into parenting capacity assessments. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 261–276). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Guðmundsdóttir, R. B., & Grey, B. (2026). The Meaning of the Child in child welfare: A case study of assessment and intervention in an Icelandic context. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 277–292). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Grey, B. (2026). The Meaning of the Child Interview – so what? Towards a systemic and ecological assessment of caregiving. In B. Grey (Ed.), *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships* (pp. 293–302). Palgrave Macmillan. https://doi.org/10.1007/978-3-032-00114-6

Professional and practice publications

Grey, B. (1997). *Just therapy? Can therapeutic social work be truly anti-oppressive*. Social Care Association.

Grey, B. (2001, December). Called to account. *Family Law Journal*.

Grey, B. (2001, November 18). On the wrong side of the law. *Community Care*.

Grey, B. (2002). Turning the clocks back: Could CAFCASS' current crisis have been avoided? *Representing Children*, *14*(4).

Grey, B. (2003). Can CAFCASS change? Reflections on the report of the inquiry into CAFCASS by the House of Commons Select Committee of the LCD. *Seen and Heard*, *13*(2).

Grey, B. (2005a). Attachment theory: A family court practitioner's tool? Foundations. *Representing Children*, *18*(1).

Grey, B. (2005b). Long-term fostering or adoption? A research review. *Seen and Heard*, *15*(4).

Grey, B. (2006). Attachment theory: A family court practitioner's tool. Developing an attachment-minded practice. *Representing Children*, *18*(2).

Grey, B. (2007). Attachment in adults: A useful concept in family court assessments? *Seen and Heard*, *17*(3).

Grey, B. (2017). The meaning of the child to the adoptive parent: Understanding the contribution of the parent to the parent-child relationship in adoption. *Seen and Heard*, *27*(2).

Conference presentations and posters

Crittenden, P. M., & Grey, B. (2010). Assessing parental competence in family court proceedings using the DMM-AAI. Poster presented at the 2nd Biennial Conference of the International Association for the Study of Attachment, Cambridge, August.

Crittenden, P. M., de Mille, A., de Mille, P., Grey, B., & Landini, A. (2010). Assessing attachment for family courts: A protocol for empirically based evidence on attachment for family courts. Paper presented at the 3rd National Research Conference on Child and Family Programs and Policy, Bridgewater, MA, July.

Grey, B. (2010). The Meaning of the Child in parenting interviews: A comparative study using the Parent Development Interview and the CARE-Index. Poster and seminar presented at the 2nd Biannual Conference of the International Association for the Study of Attachment, Cambridge, United Kingdom.

Grey, B. (2014). The meaning of the child to the parent: An inter-subjective approach to assessing representations of caregiving. Poster presented at the World Association for Infant Mental Health Congress, Edinburgh, United Kingdom.

Grey, B. (2025). The psychology of autism and attachment. Seed Talk, 30 June 2025.

Grey, B. (2025). “Why can’t you just be normal!”: Making sense of autism in family relationships. Invited keynote presented at the Bowlby Centre Annual Conference, London, United Kingdom, 11 October.

Grey, B. (2026). Supporting children and their families using the Meaning of the Child Interview (MotC): Hearing both child and context in the parent’s story. Keynote presented at the Attachment Symposium, University of Derby, Derby, United Kingdom, 5 September.

Grey, B., & Gunson, J. (2014). What’s missing? Can a multi-disciplinary approach to using attachment theory and evidence-based procedures make visible the gaps in protecting children highlighted by serious case reviews? Poster workshop presented at the World Association for Infant Mental Health Congress, Edinburgh, United Kingdom.

Grey, B., & Kesteven, J. (2018). The Meaning of the Child Interview: Assessing risk and resilience in parent-child relationships through the way parents speak about their child. Workshop presented at the 16th World Association for Infant Mental Health Congress, Rome, Italy.

Grey, B., & Robertson, M. (2016). Understanding parents: Beyond “one size fits all” assessments and interventions. Presentation to the Wiltshire Family Justice Board Conference, Swindon, United Kingdom.

Grey, B., Dallos, R., & Ginty, C. (2026). The stories that make us: Applying the Meaning of the Child Interview in parent-infant practice. Keynote presented at the AIMH Spring Workshop, 18 March.

Doctoral thesis

Grey, B. (2014). *The meaning of the child to the parent: The development and validation of a new method of classifying parenting interviews for the nature of the parent-child relationship* [Doctoral thesis, University of Roehampton].