

Juliet Kesteven - Curriculum Vitae



✚ Co-director, Cambridge Centre for Attachment (2012 -):

I am involved in carrying out expert assessments of parent, attachment, and risk for the Family Courts and Local Authorities. Our work specialises in the integration of evidence based and research validated methods of assessing attachment and family functioning with assessment and intervention in this field. I also carry out some short-term therapeutic parent infant work focussing on supporting the parent's ability to provide sensitive, responsive care, and promoting positive attachment behaviour. I have experience of administering the Adult Attachment Interview, the Parent Development Interview (PDI), the CARE-Index, Attachment Story Stems and the School Age Assessment of Attachment (SAA). I am an accredited reliable coder of parental reflective functioning using the PDI, the Meaning of the Child Interview (MotC), the Adult Attachment Interview (AAI), the School Age Assessment of Attachment (SAA), and Attachment Story Stems. I have specialist training and experience in assessing parents and children with learning difficulties (including Autism), and I am PAMS trained.

✚ Trainer and Consultant:

I am also employed in training social workers, psychologists, therapists, and legal professionals in assessing parenting and adult attachment. Together with Ben Grey I have conducted training for NAGALRO, Roehampton University and the West Midlands CAMHS partnership in the use of the Meaning of the Child Interview, a methods for assessing the nature of parent-child relationships through understanding how a parent thinks and talks about their child. I presented at the International Association for the Assessment of Attachment (IASA) conference on clinical applications of attachment theory in Frankfurt, Germany in September 2012.

Previous Employment

✚ **Senior Specialist Infant Mental Health Social Worker (2006-2012):** I was employed by Family Care, a voluntary sector organisation, offering services to children and families across all levels of need, as a Senior Specialist Infant Mental Health Social Worker. I worked as a senior member, and was involved in leading a multi-disciplinary team conducting expert assessments and interventions in Family Court Proceedings and related matters. I also carried out some short-term therapeutic parent infant work. In addition to my own practice, my role involved the supervision of team members as well as the quality assurance of the court reports authored by the team.

✚ **Senior Honorary Lecturer at Bedfordshire University (2005- 2010):** I created, developed and delivered a diploma programme on the behalf of the National Childbirth Trust (NCT) known as Postnatal Group Facilitation. Key themes of the programme were the psychological transition to parenting, both normal and abnormal, reflective practice and therapeutic group work with parents. During this time I also delivered training to health professionals focussing on supporting mothers with postnatal depression and group work with new parents.

✚ **Tutor/Trainer NCT (1999-2005):** I educated and mentored 40+ mature students to enable them to run support groups for new parents in the community using principles of reflective practice, therapeutic groupwork, and an understanding of the normal psychological transition to parenthood.

✚ **Manager and Developer of a Community Parent Support Project; NCT (2001-2004):** Managing and delivering a government-funded 3-year project to develop community support groups for parents across the UK, especially in culturally and ethnically mixed and more deprived areas

✚ **Social Worker; Cambridgeshire County Council (1992-94)**

✚ **Residential Family Assessment Worker; London Borough of Wandsworth (1987-1990):** I worked as part of systemic team offering short term intensive, residential assessments of high risk families.

✚ **Residential Social Worker; The National Autistic Society (1986-1987):** I was involved in providing care for young severely autistic children in a residential school in Ealing.

Qualifications

- ✚ MA Social Work (Certificate of Qualification in Social work CQSW) *York University* 1992
- ✚ BA Hon. Experimental Psychology *Oxford University* 1986
- ✚ I am registered on the HPC's register of Social Work Professionals, no. SW 74760

Relevant Training

- ✚ The School Age Assessment of Attachment in 2010 with Dr Patricia Crittenden
- ✚ The Attachment Story Stem Completion Task with Dr Steve Farnfield in 2010.
- ✚ Introduction to the Practice of Psychoanalytic Parent/Infant Psychotherapy in 2009 at the Anna Freud Centre
- ✚ The Parent Development Interview I underwent training in the PDI at the Anna Freud Centre (2009) and gained reliability as a coder for both research and clinical purposes
- ✚ Adult Attachment Interview (AAI) training (2012-2015)
- ✚ Story Stem Assessment of Attachment in 2008 at the Anna Freud Centre and gained reliability as coder later that year
- ✚ Parent Assessment Manual Software (PAMS) training, September 2012
- ✚ Attachment and Adaptation Training Course in May/June 2008 training in the use of the dynamic maturational model of attachment with Dr P Crittenden, London
- ✚ Exploring Psychotherapy in 1989-90 Institute of Psychotherapy and Social Studies, Highgate London

Publications and Media Experience

- ✚ I contributed to NCT '*Baby's First Year*' (2005) Mitchell Beazley
- ✚ Between 2002 and 2005 I spoke regularly to journalists on parenting matters, especially the psychological transition to parenthood, infant mental health and attachment issues, and postnatal depression and was quoted in many national newspapers and journals such as The Guardian and Practical Parenting. I am also quoted in various websites such as www.askamum.co.uk.
- ✚ I also appeared on the Television 'Wellbeing' Channel as a guest expert on subjects such as postnatal depression, postnatal support and couple relationships after birth.
- ✚ '*Moving Beyond Blame and Shame - Using the Dynamic Maturational Model of Attachment to inform Parent-Infant Therapeutic Interventions*' Poster presented to the third Bi-annual Conference of the International Association of Attachment (IASA) in Frankfurt, 2012

Other Names: During some of my career I have been known as Juliet Goddard.